

NPSB PHSCE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Whole School Events	The Importance of Being Safe & Happy Week. First Aid Day Democracy & Elections Week.	Remembrance Day. Anti-Bullying Week. Homeless and Charity Appeal.	iSafe Computing Unit and Safer Internet Day. Children's Mental Health Week.	STEM Week – Time BAME Art Day. Charitable Fundraising.	Great Birmingham Run – Running for Charity. Mental Health Awareness Week.	Transition Sessions. Sports Day.
My Happy Mind			My Happy Mind Enrichment Day Module One – Meet the Brain. My Happy Mind Enrichment Day Module Two – Celebrate	My Happy Mind Enrichment Day Module Three – Appreciate	My Happy Mind Enrichment Day Module One – Relate	My Happy Mind Enrichment Day Module One – Engage
EYFS	Self-Regulation: My Feelings	Building Relationships: Special relationships	Managing self: Taking on challenges	Self-regulation: Listening and following instructions	Building relationships: My family and friends	Managing self: My Wellbeing
Yr1	Introduction lesson Family and relationships	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body. Citizenship.	Citizenship. Economic Wellbeing	Economic Wellbeing. Transition Lesson
Yr2	Introduction lesson Family and relationships.	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body. Citizenship.	Citizenship.	Economic Wellbeing. Transition Lesson

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Yr3	Introduction lesson Family and relationships.	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body. Citizenship.	Citizenship.	Economic Wellbeing. Transition Lesson
Yr4	Introduction lesson Family and relationships.	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body.	Citizenship.	Citizenship. Economic Wellbeing. Transition Lesson: Roles and responsibilities.
Yr5	Introduction lesson Family and relationships.	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body. NHS Nurse – Puberty Session	Safety and the changing body. Citizenship.	Citizenship. Economic Wellbeing.	Economic Wellbeing. Transition Lesson: Roles and Responsibilities.
Yr6	Introduction lesson. Family and relationships.	Health and wellbeing.	Health and wellbeing. Safety and the changing body. NHS Nurse – Puberty Session	Safety and the changing body. Citizenship.	Citizenship. Economic Wellbeing.	Economic Wellbeing. Identity. Transition Lesson: Dealing with Change.